

Day 8: Gentleness

Can you recite back to me the first 7 Fruit of the Spirit from Galatians 5:22-23?

(love, joy, peace, patience, kindness, goodness, faithfulness)

Today's fruit is Gentleness. Have you ever heard the word "gentleness" or "gentle?"

(answers will vary)

Show your child a baby doll or a stuffed animal (preferably a cat or dog). Show me how you would hold/pet this baby/animal if you were being "gentle."

Gentleness means you are calm and careful. It is being quiet with your voice and soft with your touch. Let's practice again with our baby/animal by holding/petting gently and speaking softly.

Why would God want us to be gentle?

(answers will vary)

Jesus was gentle in spirit. He was kind and tender toward others. He held small children on His knee and He quieted storms with His words. We want to be like Jesus, so we practice being gentle.

Let's go over the 8 Fruit of the Spirit we have learned!

(love, joy, peace, patience, kindness, goodness, faithfulness, gentleness)

Let's pray:

*Dear God,
Please help me to be gentle like Jesus. Help me to have a quiet voice and gentle hands.
Amen.*

Add **Gentleness** to the **Fruit Basket**.

Sing the **Fruit of the Spirit** song from *Scripture Memory Songs*.

Look for chances to add "fruit" to their chart!