

Day 6: Goodness

Let's sing our Fruit of the Spirit song to start out our lesson today!

Sing **Fruit of the Spirit** from [Scripture Memory Songs](#)

Can you tell me which Fruit of the Spirit we have learned already?

(love, joy, peace, patience, kindness)

Today we are going to learn about Goodness.

Has anyone ever told you to "be good?" What does being good look like?

(answers will vary)

But goodness isn't simply about being good. True goodness comes straight from the heart. It is being good not because Mommy or Daddy said so, but because your heart wants to do good.

God is good and when we love Him, we desire to be good without anyone telling us to be good.

Let's read Galatians 5:22-23 and let's see how many Fruit you can remember!

(read verses, pausing for each fruit and letting the child try to remember them in order)

Let's pray for God's goodness to shine through us:

Dear Lord,

I want Your goodness to shine through me to others. I want others to see how wonderful You are. Bring me closer to You every day.

Amen.

Add **Goodness** to the **Fruit Basket**.

Remind them of the **Fruit Chart** and continue to look for chances to add "fruit" to their chart!