

Day 2: Joy

Read Galatians 5:22-23.

Can you remember the Fruit of the Spirit we learned yesterday?

(Love)

Very good! Today, we are going to talk about Joy.

Do you know what joy is?

(answers will vary)

Show me a happy face.

That's great! Did you know that joy is even better than being happy? Joy is happiness way down deep in your heart. It's like having a song in your heart.

What's your favorite song?

(answers will vary – and feel free to take the time to sing it!)

Well, joy is having a song for God in your heart all the time!

Let's sing our Fruit of the Spirit song to remind us to be joyful!

(Sing **Fruit of the Spirit** from [Scripture Memory Songs](#))

Let's pray:

*Dear God,
I am so thankful you put a song in my heart and make me joyful. Help me to show that joy to others!
Amen.*

Add **Joy** to the **Fruit Basket**

Reinforce **Fruit Chart** and mention any ways you've seen them show love or joy.